

## Sacred Prayer Doll

Grids are the blueprint for all matter. They are invisible patterns of energy that orchestrate the physical world. Grids are found throughout nature in obvious places like snowflakes and honey combs. They support the visible and invisible worlds.

Handmade grids and crystal grids can be used for many purposes. For example, sleep, health, financial wealth, or protecting space. The power of a grid comes from the union of energies created between the healing stones, sacred geometry and your intention. The intention of the grid is to create a unique harmonic resonance. Adding crystals and stones to the grid enhance the energy of the pattern. The crystals are charged with your intention and energy. The combination of the power of the stones in a geometric pattern greatly strengthens your focused intention to manifest results much quicker. You can use it for any purpose but this grid is intended for healing of a loved one. Grids are tools to help the human energy field by unblocking and balancing the chakras, the aura, rebalancing the body for well-being, and healing disease.

This personalized handmade package is inspired to restore healing energy to the person you are praying for. Each doll is hand made by Rebecca Roseberry. This Sacred Prayer Doll package was inspired by her healing technique, Source Energy Technique. Prayers and healings are literally an energy clearing or transmutation of energy with thought and intention. Sending loving energy can be sensed by the receiver. This is how she operates to help her patients across the United States. Now, you can too! You are a healer and a prayer warrior. We all are.

### SpiRitual

#### Instructions:

1. Connect to the person that you are praying for.
2. From a heartfelt place, let spirit guide you to an area in your home or yard to set up the grid and Sacred Doll.
3. Place the grid included in your Sacred Prayer Doll kit, where it can be displayed but not interrupted. An alter is ideal. Any surface will do.
4. Position the stones where you feel led to put them.
5. Set an intention to send forgiveness and healing to the person you want to send healing to.
6. Next, it is recommended that you place your Sacred Prayer Doll on top of the grid.
7. Say/write a prayer daily with intention. (a prayer is included if preferred)

**Pure NEWtrition School of Healing Arts**

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Artist & Healer Rebecca Roseberry

## PRAYER Suggestions

1. Creator of All that Is, it is commanded that \_\_\_\_\_ be healed on all levels, dimensions, timelines, universes, and galaxies. Show me! It is done. It is done. It is done. Thank you.
2. Universal Oneness, heal and clear all negative blockages that are hindering \_\_\_\_\_ 100% now. Thank you
3. Lord, please send divine healing and restoration to \_\_\_\_\_.
4. I see, feel and know that \_\_\_\_\_ is healed and renewed on all levels. Thank you
5. Thank you for the complete healing of \_\_\_\_\_ by the power and mercy of your grace.
6. \_\_\_\_\_  
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